



SHARE MENU AND ORDER FORM

JULY 2010

Visit our Website:

www.sharefoodprogram.org

Orders must be placed by: July 12, 2010 215-223-2220 - Phone 215-223-3073 Fax www.sharefoodprogram.org	Distribution Dates and Times for Pick Up Thursday, July 22- 12 noon until 3 pm Friday, July 23 - 10 am until 3 pm Saturday, July 24- 7 am until 11 am
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***** Remember: The price of the package includes 2 hours of Your Time ***** Please let your Host Coordinator know the good deeds you do in your community! Complete the "Community Service Activity" section on the order form! **REMINDER:** Host sites in Philadelphia area need an additional \$1.00 per package for delivery; Host Sites out of the Philadelphia area need an additional \$1.50. Delivery Charges for Preference Items are listed beside each item.

SHARE is a private, non-profit organization that builds and strengthens community through volunteer service and by helping people save money on food. SHARE is a self-help program – powered by people who participate. Everyone who volunteers just two hours a month is welcome to participate. There are no other income or eligibility guidelines. Join us!! SHARE - A Smart Idea that Brings Community and Healthy Food Together!!

Place orders online -- it's easy! Go to **www.sharefoodprogram.org**, click on the "Order Online" button, and follow the simple instructions to place your order...
 Mailing Address: 2901 W. Hunting Park Avenue, Philadelphia, PA 19129

HOST ORGANIZATION OR PARTICIPANT NAME _____

HOST COORDINATOR NAME _____

EQUAL DOLLAR MEMBER NO. _____

HOST NO. _____ **Day Phone** _____ **Evening Phone** _____

ADDRESS _____

DATE AND TIME OF PICK UP _____

REMINDER: Host Sites out of the Philadelphia area that receive delivery need an additional \$1.50 per package. Delivery Charges for Preference Items are listed beside each item.

Package Prices - with the increase in food/ gas prices you will see a fluctuation in prices of packages and preference.

SHARE FOOD PACKAGES	UNITS	UNIT PRICE	DELIVERY CHARGE	TOTAL DUE
1. Value Package		\$20.00	\$1.00 or \$1.50	Seasoned Chicken Breast Fillets; Peppercorn Whole Pork Tenderloins; Sea-Pak Salmon Burgers; Jumbo Beef Franks; Eggs; Fresh Vegetables; Fresh Fruit; and Shelf Stable Items.
2. Non-Pork Package		\$20.00	\$1.00 or \$1.50	The same items as the Value with Peppercorn Whole Pork Tenderloins replaced with Seasoned Chicken Breast Fillets.
3. Produce Package		\$20.00	\$1.00 or \$1.50	Fresh Vegetables; Fresh Fruit; Eggs; and Shelf Stable Items.
4. Senior Package		\$20.00	\$1.00 or \$1.50	Seasoned Chicken Breast Fillets; Sea-Pak Salmon Burgers; Eggs; Fresh Vegetables; Fresh Fruit; and Shelf Stable Items.
5. Fruit Package		\$14.00	\$.50 or \$1.00	May Include: Apples; Pears; Banana; Grapes; Kiwi; Oranges; Tangerines; Melons; Pineapple; and Frozen Fruit.
6. Farm Fresh Package		\$15.00	\$1.00 or \$1.50	May Include: Asparagus; Rhubarb; Peas; Scallions; Cabbage; Spinach; Onions; Potatoes; Swiss Chard (depends on the season).
7. Ribeye Steak Package		\$14.50	\$.50 or \$1.00	6 - 8 oz. Ribeye Steaks.
8. Breakfast Wrap Special		\$15.50	\$.50 or \$1.00	4 - 4 oz. Breakfast Wraps; 3 - 4 oz. Breakfast Wraps; 2 packages - 13 oz. each Fully Cooked Pork Sausage Links; Cooked, Grade A Hash Brown Patties; 4 - 3 oz. Individually Wrapped Cinnamon Roll Danish.
9. Porkalooza		\$14.50	\$.50 or \$1.00	Extra Lean, Teriyaki Pork Tenderloin; Extra Lean, Peppercorn Pork Tenderloin; Lean, Boneless, Center Cut Pork Chops; Boneless Pork Sirloin Roast.
10. Supper Time		\$21.00	\$1.00 or \$1.50	Lasagna/Meat Sauce; Grilled Chicken Breast Alfredo/Penne Pasta/Broccoli Florets; Beef Strips/Mashed Potatoes; California Blend/Gravy; Beef Ravioli/Marinara Sauce; Chicken Parmesan/Penne Pasta/Sauce/Mozzarella; Manicotti/Marinara Sauce; Turkey ala King/Rice/California Blend.

11. Prescription Cards	NC	NC	
12. Newspaper	NC	NC	
13. Order Form	NC	NC	
14. EBT Vouchers	NC	NC	
15. 2010 Paper Calendar	NC	NC	
16. 2010 Hardback Calendar	NC	NC	
17. Monthly Summary	NC	NC	
18. Donation to Building Fund			TOTAL DUE
	AMOUNT	PAYMENT	AMOUNT
Amount Due - Food		Checks	SHORTAGES from June
Amount Due - Preference		Money Orders	
Amount Due - Transportation		EBT	
		Gift Certif.	
		FMNP Checks	TOTAL ENCLOSED
TOTAL			

COMMUNITY SERVICE ACTIVITY (list activities below)	# indiv. served	# of hours
	(#people doing the community service)	

SHARE accepts cash, credit cards, money orders, cashier checks, EBT, and Farmers Market Checks (Pennsylvania Only). No Personal Checks Please.



FOOD ITEMS	QTY IN CASE/SIZE PER UNIT	UNITS ORDERED	UNIT PRICE	DELIVERY CHARGE PER UNIT	CASES ORDERED	CASE PRICE	TOTAL DUE
SNACKS/CHILD FRIENDLY							
19. Peanut Butter & Jam	1/18/2.8 oz		\$13.85	\$0.30		\$13.85	
20. Chicken Egg Rolls	12/4.5 oz		\$1.15	\$0.10		\$13.80	
21. Crackers & Cheese Dip	30/.95 oz		\$0.35	\$0.05		\$10.50	
22. Welch's Variety Pack	24/11.5 oz		\$0.75	\$0.10		\$18.00	
23. HiC Juice Box Variety	40/6.75 oz		\$0.25	\$0.05		\$10.00	
24. Orange Juice	12/15.2 oz		\$1.10	\$0.15		\$13.20	
25. Apple and Eve Juice Variety Box	36/6.75 oz.		\$0.30	\$0.05		\$10.80	
26. Ocean Spray Cranberry Juice	12/15.2 oz.		\$1.10	\$0.15		\$13.20	
27. Ice Tea Variety	24/16 oz.		\$1.00	\$0.10		\$24.00	
28. String Cheese	48/1 oz.		\$0.25	\$0.05		\$12.00	
29. Sandwich White Cheese Slices	48/10.75 oz.		\$1.05	\$0.10		\$50.40	
30. Deep Dish Supreme Pizza	24/6.5 oz.		\$1.10	\$0.15		\$26.40	
31. Cheese French Bread Pizza	24/4.35 oz.		\$1.10	\$0.15		\$26.40	
32. Cheese Pizza	16/6.5 oz.		\$1.05	\$0.15		\$16.80	
33. Chewy Trail Mix Bars	30/1 Bar		\$0.40	\$0.05		\$12.00	
34. Rice Krispies Treats	24/1 Bar		\$0.50	\$0.05		\$12.00	
35. Cheez-it-Crackers	36/1.5 oz.		\$0.30	\$0.05		\$10.80	
36. Toasty Cheese Crackers	45/1.38 oz.		\$0.15	\$0.05		\$6.75	
37. Duchess Honey Bun	12/3 oz.		\$0.40	\$0.05		\$4.80	
38. Kellogg's Cereal Variety Pack	30/1 Box		\$0.40	\$0.05		\$12.00	
39. Quaker Instant Oatmeal Variety Pack	55/1 Pack		\$0.25	\$0.05		\$13.75	
40. Sausage, Egg, and Cheese Croissant	12/1 Pack		\$1.20	\$0.15		\$14.40	
41. Jimmy Dean Sausage, Egg, Cheese Biscuit	12/1 Pack		\$1.20	\$0.15		\$14.40	
42. Breaded Chicken Strips	24/8 oz.		\$1.10	\$0.15		\$26.40	
43. Breaded Chicken Nuggets	24/8 oz.		\$1.10	\$0.15		\$26.40	
44. Popcorn Chicken	24/6 oz.		\$1.10	\$0.15		\$26.40	
45. White Castle Cheeseburgers(2 pack)	16/3.66 oz		\$1.20	\$0.15		\$19.20	
46. Chef Boyardee Variety Pack	8/7.5 oz.		\$1.05	\$0.15		\$8.40	
47. Fully Cooked Meatballs	24/7 oz.		\$1.10	\$0.15		\$26.40	
48. Pepperoni Pizza Hot Pockets	24/4 oz.		\$1.05	\$0.15		\$25.20	
49. Ham and Cheese Hot Pockets	17/4.5 oz.		\$1.05	\$0.15		\$17.85	
50. Philly Steak & Cheese Hot Pockets	24/4 oz.		\$1.05	\$0.15		\$25.20	
51. Delmonte Fruit Cups Variety	16/4 oz.		\$0.70	\$0.10		\$11.20	
52. Chunk Light Tuna in Water	10/5 oz.		\$0.90	\$0.15		\$9.00	
POULTRY							
53. Seasoned Chicken Breast Fillets	1/1 lb.		\$2.80	\$0.25		\$2.80	
54. General Tso's Chicken	1/40 oz		\$13.95	\$0.30		\$13.95	
55. Turkey Burgers	6/3 lb.		\$10.70	\$0.30		\$64.20	
56. Cornish Hens	24/20 oz.		\$3.20	\$0.30		\$76.80	
57. Ground Turkey	12/1 lb.		\$1.75	\$0.15		\$21.00	
PORK							
58. Peppercorn Whole Pork Tenderloins	1/1.26 lb		\$2.95	\$0.25		\$2.95	
59. Polaska Kielbasa	1/3 lbs.		\$9.35	\$0.30		\$9.35	
60. Polish Sausage	24/16 oz		\$3.45	\$0.30		\$82.80	
61. Sliced Bacon	24/16 oz.		\$3.35	\$0.30		\$80.40	
62. Maple Sausage Links	12/7 oz.		\$1.40	\$0.15		\$16.80	
BEEF							
63. Jumbo Beef Franks	1/1 lb.		\$2.20	\$0.25		\$2.20	
64. Oscar Mayer Beef Franks	1/3 lbs.		\$8.25	\$0.30		\$8.25	
FISH							
65. Sea-Pak Salmon Burgers	1/4/3.2 oz		\$2.00	\$0.25		\$2.00	
66. Salmon Fillets	40/40/4 oz		\$1.10	\$0.25		\$44.00	
GROCERY							
67. Heinz Picnic Pack (Ketchup, Mustard, Relish)	1/7.37 lb		\$11.15	\$0.30		\$11.15	
68. Beef Pot Pie	24/7 oz		\$0.90	\$0.10		\$21.60	
69. Breaded Cheese Sticks	1/4.5 lb		\$13.95	\$0.30		\$13.95	
70. Stuffed Entrees Stuffed Chicken Cordon Bleu	1/6 count		\$16.80	\$0.30		\$16.80	
71. Mini Apple Pies	12/8.5 oz		\$1.05	\$0.10		\$12.60	
72. Chicken Pot Pie	24/7 oz.		\$0.90	\$0.10		\$21.60	
73. Toilet Tissue	40/1 Roll		\$0.65	\$0.10		\$26.00	
74. Eggs (Medium Eggs)	15/Dozen		\$1.10	\$0.15		\$16.50	
75. Margarine	30/1 lb.		\$0.95	\$0.15		\$28.50	
76. Butter Blend	30/1 lb.		\$0.95	\$0.15		\$28.50	
77. Fettuccine Alfredo	12/7.5 oz.		\$1.15	\$0.15		\$13.80	
78. Jimmy Dean Turkey Sausage Muffin	12/1 Muffin		\$1.35	\$0.15		\$16.20	
79. Healthily Choice Variety Soup	10/15 oz.		\$1.50	\$0.15		\$15.00	
80. Hashbrowns Patties	12/20 count		\$3.25	\$0.15		\$39.00	
81. Steak Fries	24/24 oz.		\$1.10	\$0.15		\$26.40	
PRODUCE (LOCALLY GROWN AND FROZEN)							
82. Potatoes 5lb	10/5 lb.		\$1.40	\$0.15		\$14.00	
83. Potatoes 50lb Bag	1/50 lb.		\$11.90	\$0.30		\$11.90	
84. Onions - 1.5 lb	30/1 1/2 lb.		\$0.75	\$0.10		\$22.50	
85. Sweet Potatoes 5lb	8/5 lb.		\$1.75	\$0.15		\$14.00	
86. Oranges,6	20/6 Oranges		\$1.00	\$0.15		\$20.00	
87. Apples , 6	20/6 Apples		\$1.35	\$0.15		\$27.00	